

Starting January 3, 2026

Saturdays at JCH&L

HealthyLife Testing

Saturdays, 8-10 a.m.

Call for available dates and times!

APPOINTMENTS ONLY. NO WALK INS.

Choose from the tests offered
Tests made available at patient
request at a reduced price.
No physician order is required.

This service can help if you:

- Wish to have more frequent testing than your health insurance plan will cover.
- Want to assess and manage your health status on a regular basis.
- Are uninsured or have a high deductible and want to take advantage of lower out-of-pocket expenses.

*For appointment call 402-587-5193
and leave a message on our
HealthyLife voice mail. We will call
you back on the next weekday
between 8 a.m. and 4 p.m.
Appointment required 24 hours
before testing*

**Must pay with cash (correct
change) or check at the time of
testing.*

*To use a credit or debit card, please
pay when you make the
appointment.
(Insurance will not be billed.)*

INDIVIDUAL TESTS AVAILABLE:

Routine Labs:

CBC \$25; CMP* \$25; Lipid* \$25;
TSH** \$25

Additional Labs:

A1C \$25; Alb/Cr, Urine \$25;
PSA(male) \$25; Free T4 \$25;
Uric Acid \$25; Urinalysis \$10

Hormone Levels:

DHEAS \$25; Estradiol \$50;
FSH \$25; LH \$25; Prolactin \$25
Progesterone \$25;
Serum hCG(female) \$25;
Testosterone Free \$25;
Testosterone Total \$25

Vitamins & Minerals:

B12** \$25; Folic Acid** \$25;
Ferritin \$25; Iron and IBC \$25;
Magnesium \$25; Vitamin D \$25;

Titers/Immunity:

Hepatitis B Surface Ab \$25;
Measles \$25;
Mumps \$25; Rubella \$25;
Varicella \$25;
TB Interferon \$100

* 8-12 hours of fasting is
recommended

** Biotin supplements >15mg per
day may interfere with testing.
Please hold supplements for
48-72 hours prior to collection.

JEFFERSON COMMUNITY
Health & Life

Inspiring a Lifetime of Health

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